



ARPANA SERVICES

Arpana's Educational Support for Underprivileged Children



Arpana Education Annual Report 2022

ARPANA EDUCATION CENTRE
Molarbund, New Delhi, India

Under the Auspices of Arpana Trust
Headquarter: Arpana, Madhuban 132037, Karnal, Haryana

Our Founder and Inspiration - Param Pujya Ma



Param Pujya Ma embraced all human beings as the Lord's children. Thus, she naturally proceeded to fulfill the needs of the underprivileged and assist them in their quest for a better life.

Since education support was an urgent need in the slum resettlement colonies in Molarbund, New Delhi, Arpana Centre was started to give the children and their families an opportunity for better lives.

With Param Pujya Ma's blessings, Arpana Trust set up many innovative programs which have enabled thousands of children from disadvantaged families to transform their future prospects.

*"The Lord comes to give and teach the art of giving;
to serve and teach the art of serving.
He transforms ignorance into transcendental beauty."*

Param Pujya Ma

Brief History of the Organisation

Arpana Trust is a registered, charitable and not-for-profit organization, headquartered in Madhuban, Karnal (Haryana). It is a non-sectarian organization, whose spiritual foundation inspires members to translate eternal values into everyday living.

Thus Arpana has built a variety of health and socio-economic services over the past 25 years for a population of over 15 lakhs of underprivileged folk in the states of Haryana and Himachal Pradesh and the underprivileged in South Delhi.

Arpana Education Center

Arpana Trust provides education support to children of the underserved, urban poor families who have migrated from the darkest parts of India's poorest states. Children from illiterate families usually drop out of school in 4th or 5th standard, not having learned to read or write, destined for a marginalized life.

These children are first-time learners, initially bursting with energy and charged with untapped potential. Arpana's educational support center provides an environment that nurtures their hidden gifts and channels their energies towards academic achievements, tapping into the exuberant rhythm of their native spirit, finding release in dance, music, and theatre – converging their diverse ethnicities in harmony.

In Arpana, teachers take them through new curricula with diligence, providing them with a safe environment of love and laughter, fostering humane values and a spirit of tolerance while promoting gender parity and respect for diversity.

A Few Success Stories



- **Muskan received a Government scholarship**
- **Suraj pursuing DMLT Course**
- **Vandana, a graduate of Delhi University**

The Superpower of Education – Expanding a Person's Potential!

Tuition Support Classes

The Covid-19 pandemic has induced most educational institutions to conduct classes online. At Arpana Trust, the teachers have been providing online classes through Whatsapp and Zoom classes to all our students from Pre-school classes through Class 12.

Online Classes

During the pandemic, the teachers of Arpana shared videos of live teaching, notes, worksheets, and question & answers through WhatsApp groups for each class. Arpana Trust also started to conduct online classes through Zoom for all the students.

Smartphone Distribution



A few students could not attend these classes as they did not have access to a smartphone. They were lagging behind.

With the support of Arpana Canada and Mr. Naman Dayal, 26 smartphones have been magnanimously gifted to these students.

The students can now access online classes and benefit from them.

Smartphone Distribution

Learning Levels Negatively Impacted by the Pandemic

The shutting down of Educational institutions in India for almost 2 years, has adversely impacted more than 32 crores (320,000,000) students across the country.

Teachers were worried about the negative impact of lockdown on the learning outcomes, and the potential increase in dropouts, but at Arpana, the dropout rate has been much less than expected.

An internal assessment was conducted to ascertain the learning level of each child. The results showed that the student's learning levels have been negatively impacted to a significant degree.



Regular Offline classes

The teachers are working with the students to improve their base, starting again to re-learn the concepts done earlier.

Offline classes: From the 14th of February 2022, Arpana opened its Center in Molarbund for all classes. The children came to the Center in good strength, eager to resume regular classes and work towards a better future.



Shivani stood first!

Result of Class 12th C.B.S.E Board Examinations 2021

Due to the Covid pandemic, the CBSE Board exam was not conducted this year. The results of class 12 were based on their scores in school exams and pre-board marks: this was declared on 30th July 2021.

24 students were eligible for the 12th Board Examination and each one passed successfully. In Humanities, Shivani stood first with 93%. Tonika was second with 88.2% and Simran was third with 87.4%.

Workshop on Mental Health

A session on mental health for senior students was conducted by Sukriti Sharma (Counselling Psychologist and Certified Art Therapist) and Srishti Bisht (M.sc Child Development, B.Ed) to help students handle emotions.

The workshop had the following objectives:

- mental health wellbeing
- balancing inner self
- emotional phase they are dealing with
- techniques to beat fear, anxiety, stress
- self-Love

Online workshop on mental health



Tele Counselling for senior students of Arpana Trust was available online by Ms. Ananta Nandrajog. She is a student pursuing psychology from the University of Bath. During her one and half month stay in India, she undertook this project in order to reach out and understand the issues that students were facing during the pandemic.

The students talked about their career options, interests, and extracurricular activities and were curious about how to pursue them. The feedback that Ms. Ananta gave was that each and every student of Arpana is inclined towards learning and achieving, so that they all can lead their life with dignity.

Career Counselling was organized for Class 12 students by our partner NGO, Joining Hands. Dr. Malika Nanda, an internationally qualified career counsellor, conducted one online and one offline session with senior class (10 to 12) students

The session held on 23rd February, included videos so that students understood how to select a career. The students streamlined their career choices and collected information on their chosen fields.



Dr. Malika Nanda conducting counselling session

Scholarships of Rs. 3000/- each were given to Rohan and Samiya of class 9 from the Vir Charity Project. These two students are very hardworking and sincere. The money will help them to buy books and cover their personal needs.

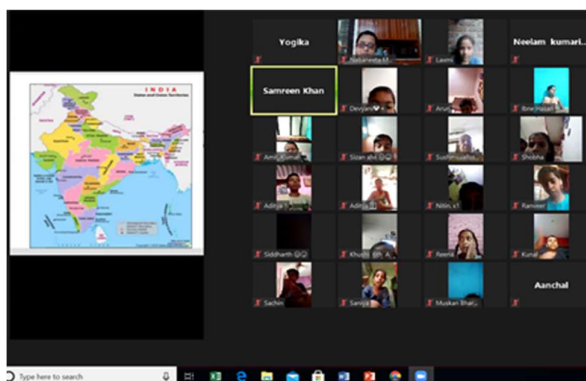
Rohan and Samiya of class 9



Bharat ki Sair

Dr. Mridula Seth, Professor at Delhi University and Technical Adviser to the United Nations Population Fund, created a Virtual Travel Program for students bound by the limitations imposed by the pandemic. Weekly sessions covered one state a month. After every virtual visit, a quiz was conducted by Dr. Mridula Seth.

The program was met with great enthusiasm by the students as it felt almost like a vacation while they were also learning about the States of India.



The program promotes life skills development by engaging the children in interactive discussions and encouraging them to enhance their thinking and communication skills.

Virtual travel is an innovative way for children to enjoy and engage in understanding the diverse cultural heritage of India.

This year, students virtually visited the states of Assam, Orissa, Madhya Pradesh, Jharkhand, and Kerala.

Padai ka Maza (PKM) – Adult Literacy Program

A new initiative was taken by Arpana Trust under the guidance of Dr. Mridula Seth, Professor and Consultant to the UN, who initiated an Adult Literacy Program for the mothers of the children who are enrolled in Arpana's Education Centre. The students from classes 6 to 8 were motivated to spread the light of knowledge in the lives of their mothers who are illiterate and are eager to emerge from this darkness.

The program started with 13 mothers. It used different techniques and books to teach adults (specially designed by Lady Irwin College, Delhi University).

Six of the learners had never been to school. These women came twice a week to the center and were taught by Arpana staff.

Dr. Mridula Seth monitored the progress of each learner. She met them weekly on WhatsApp.



Women's Day Celebration: On 8th March, the learners enthusiastically celebrated Women's Day in the Center with Dr. Mridula Seth and Dr. Aparna Khanna, initiators of the literacy program.

A Workshop on Creative Writing

On 2nd December a workshop on 'Creative writing' for the primary teachers was held by Ms. Madhulika Aggarwal, who has written 6 children's books and been awarded many honors.



Jasmine, author!

Ms. Madhulika explained various techniques to enhance the imagination of children and also showed how creative writing plays a key role in expressing ourselves.

She has involved Jasmine, of Arpana Trust class 4B, in her workshop and included Jasmine's first story in a book she has published.



Ms. Aggarwal holds creative writing classes for young writers

Online Celebrations: Due to the pandemic, Independence Day, Janamashtmi, Teacher's Day, Gandhi Jayanti, Children's Day, Diwali, Christmas, and Republic Day were celebrated online.



In the online celebration of Republic Day, students presented speeches, and action songs and spread awareness through a skit on saving water. All the students participated with passion and enthusiasm.

Mrs. Agarwal appreciated the students and teachers for their efforts to present an online program with limited resources.

Online celebration of Republic Day 2022

Winning Two Bronze Medals in 'Kudo' at the National Level

"I am Prachi, a student of class 9 of Arpana Trust. Along with my studies, I play a Japanese game called 'Kudo'. It's a combination of Taekwondo, martial arts, and self-defense.

"I won a bronze medal at the State level in this game in September 2021. Then I got selected for the national level held at Solan, Himachal Pradesh. I won bronze medals in both my tournaments on February 15th and 17th."



Prachi with her 2 bronze medals

Free Distribution to Students



- **Distribution of MCQ books to classes 10 and 12:** These books will help the students to prepare for their upcoming board examination.
- **Stationery was distributed** to all the students.
- **Sweaters were distributed** to primary and middle school students.
- **Distribution of school bags, geometry boxes, and piggy banks:** These were gifted as prizes to motivate students who were genuinely interested in their studies, hardworking, and had regular attendance.

Vocational Courses were discontinued for the time being due to the Covid pandemic.

Balvatika (Pre-School)

Due to the lockdown, the institution was closed. However, all the Balvatika children were connected online with their classes through Whatsapp groups.

At the start of the academic session in April, the admission procedure was conducted online. On the first day, the teacher introduced herself and asked the children to introduce themselves.

The Bal Vatika teachers regularly shared videos, pictures, worksheets, and live teaching sessions on WhatsApp groups. The students complete their assignments and send back their work to their teacher. The teacher corrects their work and gives feedback to each child individually on Whatsapp.



For the last 2-years, all the classes were online. From 14 February 2022, as per the Government's instructions, we have opened our Arpana Aviva Balvatika.

To maintain social distancing, we called 50% of children on alternate days.

The children in the center do not take off their masks and they also sanitize their hands while entering and leaving the premises.

Parent Teacher Meetings

Parent Teacher Meetings are conducted monthly for all the Balvatika students. In May-, 2021, it was conducted through zoom. Due to the lockdown, it was important to talk to the parents and make them aware of the importance of their children attending online classes.

An offline meeting was conducted in March 2022 to share the academic performance of the students with their parents. The parents were requested to oversee the education of their wards at home.

The average reach of PTMs was 97.92% of parents.

Parent Teacher Meeting

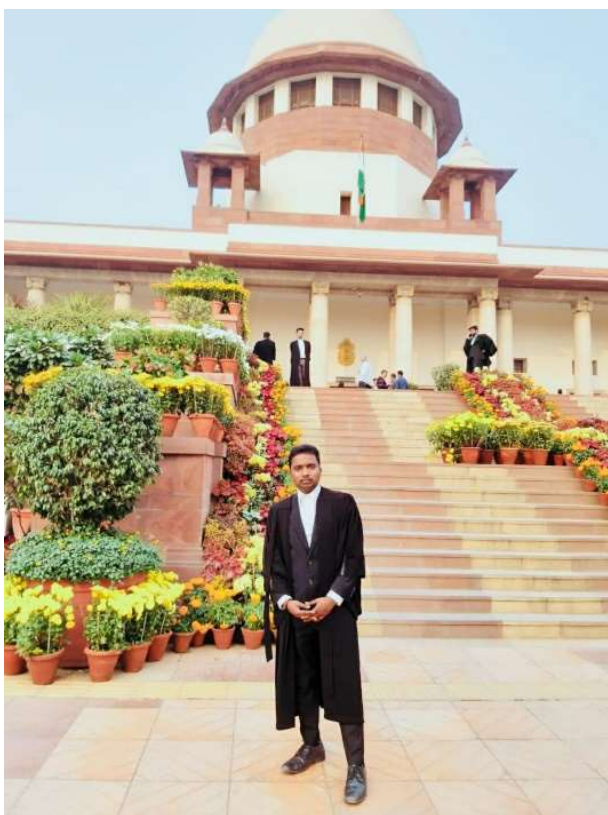


Free Distribution to all Balvatika Students



- **Dry rations and food** to all children in April, June, July, Sept and December of 2021 and Feb and March of 2022.
- **Hygiene kits** in May and August 2021 and January 2022.
- **Stationary** was regularly distributed to all the Balvatika children.
- **Jackets** to all the Balvatika children to keep the children warm in the harsh winter months.
- **Toys and books** donated by Mr. Amit Malik, CEO of AVIVA Life Insurance Company India Ltd.

Their Success Is Our Reward!



"Without Arpana, I would not have been able to fulfil my dream."

Vijay Kari Singh

I started Arpana classes when I was a 7 year old boy full of mischief. Due to Arpana, I was able to score 76% in my C.B.S.E 12th Board examination. But when I wanted to attend University, my parents didn't have the funds. Arpana helped me financially and I joined Dr. Abhishek College under Nagpur University.

During my second year, I needed surgery for a kidney operation. Arpana again came to my aid and, with half concession from the doctors and the hospital, the lifesaving surgery took place.

I completed my B.A.LLB with 85% and cleared the Bar Examination in 2018. I am now a practicing Advocate before courts across the country and particularly before the Supreme Court of India. My appearances in Supreme Court as an advocate can be viewed from the website-["IndianKanoon.org."](http://IndianKanoon.org)

My practice is going well and I have bought a car. **My younger sisters also studied at Arpana Trust: Archana took an airhostess course and joined Indigo Airlines and Sakshi is pursuing her graduation from Delhi University.**

With Deep Gratitude...

...to all our friends and donors who support these educational programs, bringing hope and success to underprivileged children of the slum resettlement colonies of Gautampuri, Molar Bund, New Delhi.

Arpana extends grateful thanks to Aviva plc, UK, Caring Hand for Children, USA, and Arpana Canada for supporting these programs. Grateful thanks also to Indian supporters: The Essel Foundation, New Delhi, M/s J.R. Sood & Co. Pvt. Ltd., M/s Machino Polymers Ltd., The LRG Foundation, Mr. Ravindra Bahl, Mr. Arjun Anand

Add Your Support to Empower Vulnerable Children as they Reach for Their Dreams!

Indian Donations: Arpana Trust is approved u/s 80G of the Income Tax Act, 1961, giving 50% tax relief for donors.

1. Online Donation (Indians only) please click here: [eazypay | Search, View and Pay your bills | ICICI Bank Ltd.](#)
2. Donation through Direct Bank Remittance (Indians only): To: Bank of India, Karnal (IFSC Code: **BKID0006750**)
3. Bank Account Name **Arpana Research & Charities Trust**; Bank Account No. **675010100100014**
4. Cheques to Arpana Research & Charities Trust to be sent to: **I & R Office**, Arpana, Madhuban, Karnal, Haryana 132037



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Foreign Donations: Arpana Trust has FCRA Registration No.172310001

1. **USA:** AID for Indian Development, 84 Stuart Ct, Los Altos, CA 94022, email: tejinder.singh.1537@comcast.net
2. **Canada:** Arpana Canada, 7 Scarlett Dr., Brampton, Ontario L6Y359, email: suebhanot@rogers.com
3. Donation through Direct Bank Remittance: To: State Bank of India, 11 Sansad Marg, New Delhi-110001; (Swift ID: **SBININBB104**); Branch Code: **00691**; IFSC: **SBIN0000691**; Bank Account Name **Arpana Trust**; Account No. **40193018145**

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