



Param Pujya Ma

Arpana

Newsletter

ARPANA TRUST, Madhuban,
Karnal, Haryana, India
March 2016

Home News

Remembering 'Ratti Uncle'

A Memorial Gathering for our beloved Mr. Rattan Mohan Sabharwal was celebrated on 21st Nov. 2015, at Arpana, Madhuban. The late Executive Director of Arpana, was pivotal in the rise of Arpana service activities for the underprivileged, especially Arpana Hospital, developmental and health services in villages and education in slums.



But he is most loved and remembered as 'Ratti Uncle', an extraordinary human being who always identified with the other, doing what he could for each one. His love for his Sadguru, Param Pujya Ma, was absolute and he credited her with all the accomplishments of his life. We thank Dr. Ela Anand, Niriti Vaid and Vedika Anand for their enormous effort in producing this most befitting tribute to Ratti Uncle.



Arpana Celebrating Christmas

Carolers and nuns from St. Theresa's Convent, Karnal, visited Arpana at Christmas time to sing carols with the family, with their own 'Santa Claus' distributing sweets and joy.

Christmas Day was enhanced when 10 of Mandeep Singh's Convent students sang Christmas carols with the Arpana family, parents and guests, beautifully conveying the wonder of Divinity coming into our lives.

Arpana at the World Book Fair

Arpana participated in the World Book Fair held at Pragati Maidan from 9-17th Jan 2016. Param Pujya Ma's words, in the form of little booklets, book marks and wall hangings were eagerly picked up, as were the Unity pictures which represent the one Essence of all religions. The Bhagavad Gita, which serves as a commandment in our daily life, as elucidated by Pujya Ma, remained the most in demand.

Delhi Events

Scholarships by Sonalika Social Development Society

The Sonalika Group organized a Christmas celebration at Shangrila Hotel to felicitate the 21 bright and hard working girls from Arpana's education program to whom they have awarded scholarships. The first 10 girls were felicitated by Mr. Vijay Sampla, Central Minister of State for Social Justice and Empowerment, while the rest of the girls were felicitated by Her Excellency Mrs. Bellinda Omino, Deputy High Commissioner, Kenya, and His Excellency Mr. Maxwell Ranga, Ambassador, Embassy of the Republic of Zimbabwe.



Ms. Lopapriyadarshini from Sonalika Tractors presents scholarships to meritorious girls of Arpana's program

Mr. A.S. Mittal, Vice Chairman Sonalika Group, presented a special appreciation certificate to Arpana Trust for its Education program for the benefit of underprivileged children in the slum re-settlement colony at Molar Bund.

Alumni Meet



Ex Students

An Alumni meet was organized on Dec. 24, 2015, reuniting 33 ex-students of Arpana in the presence of Mr. Harishwar Dayal, Arpana's Executive Director and NRI Mr. Naman Dayal, Arpana's son and a founder member of Arpana Canada.

Mr. Karan Singh, son of a daily wage worker, told his story. After completing the 12th grade at Arpana, he got a job as a peon with a computer institute. While working, he

continued his computer education and graduation. Karan now runs his own media company – Active Media – and has 10 employees.

Ex student Surrender, mentored by Arpana's Cultural Director, well known actress Sushma Seth, told of his journey from slum child to becoming an executive with National Geographic Channel. He also performs regularly in the theatre.

Other students also introduced themselves and happily shared their experiences.

Arpana is very thankful to Caring Hand for Children, Essel Foundation and Aviva Pvt. Ltd. for supporting Arpana's education programme

Haryana Happenings

International Disability Day

On Nov.29, 2015, achievements of Arpana's Program for the Differently Abled were showcased in Kairwali Village. Covering 55 villages, 895 differently abled persons have formed 42 groups in which they are motivated and enabled to gain self esteem, skills, and earnings through their own businesses.



Mrs. Santosh Arya, Chief Guest, explained the facilities of Sarva Shiksha Arya (government school for the differently abled) in Gharaunda and inspired parents to gain its benefits for their differently abled children by sending them there.

Arpana's workers presented a play depicting how the differently abled were improving their lives. Arpana presented assistive devices and hand operated tricycles to 4 more persons. Prizes were distributed to 65 differently abled school going children, to encourage them to focus on education and enable them to have a happier life. Empowering games were organized for the differently abled, i.e. tug-of-war, ringtos, tricycle races, etc.

Women Learn their Rights and Legal Position



On Jan. 15, 2016, Arpana organized a camp with the Women Police Cell, Karnal, which is working to empower women to know their rights and their legal position so they can oppose any crimes perpetrated against them.

The village women shared their experiences in the meeting. The Assistant Superintendent of Police, Geeta Gehlot, advised them not to be silent when atrocities are committed against them. They should either report to the police, or help each other. Mahila Police Station Incharge, Smt. Luxmi, advised immediate action in any incident of violation of women's rights. She also explained the various provisions of the Domestic Violence Act.

Arpana is thankful to generous donors, including IDRF, CBM, Tides Foundation and Baij Nath Bhandari Public Charitable Trust who enable us to carry out these health and development programmes in Haryana.

Arpana Hospital

Breast Cancer and Cervical Cancer Camp

Arpana's screening camps are for village women who otherwise do not receive this service. The 5-year relative survival rate of early detection of breast cancer in the localized stage, is 100%. A Screening Camp for Cervical and Breast Cancer was organized at Arpana Hospital on December 4-5, 2015. The patients in the camp were screened and treated by Dr. Ela Anand, FRCOG (Gynaecologist), Dr Vivek Ahuja, MBBS, MS (Surgeon) and Dr. Kavita Rani, MBBS, MS in Gynae, (Gynaecologist).



104 patients from 30 villages attended this two day camp. There were 6 Mammography tests, 32 Pap smears, 2 FNAC, 25 Lab tests and 29 Ultrasounds.

Arpana is grateful to Krishen and Geeta Mehta for their support through Asia Initiatives which sponsored this service.

Eye Camps

- 2,557 children were checked in Paediatric Eye Screening Camps in December 2015 and January 2016.
- 204 patients were checked in Diabetic Retinopathy Camps in January 2016.
- 237 patients were checked in Glaucoma Camps in January 2016.

Arpana's gratitude is extended to CBM for support for eye services for many years.

We, at Arpana, depend on your support for our programs

Arpana Trust and Arpana Research & Charities Trust are both approved under Section 80G of the Income Tax Act, 1961, giving 50% tax relief for donors in India.

FCRA Registration No. for Arpana Trust is 172310001

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Arpana Trust, Madhuban, Karnal, Haryana 132 037

Send your contributions for health & development services in Haryana & Himachal to:

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Arpana Hospital: 91-184-2380801, Info & Resources Office: 91-184-2390905

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Please let us know by email or telephone, whenever you transfer funds to Arpana.

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